

Mistifyfuse Tip Sheet

by Sue Bleiweiss & Terri Stegmiller

Mistifyfuse can be a challenge to work with if you've never used it before. Here are some tips to keep in mind that will help you use it successfully.



You must always use a press cloth when you use Mistifyfuse. If you touch the Mistifyfuse with your iron it will fuse to the sole plate. I recommend that you use the Reynolds brand of parchment paper because it has a good silicone coating on it which prevents the Mistifyfuse from sticking to it. Some of the generic brands of parchment don't have that coating and it will stick, so test those on a small piece before fusing a large area to make sure they work.

You can also use a Teflon or silicone pressing sheet as your press cloth. The Teflon pressing sheet will create a shiny surface when you use it to press the Mistifyfuse. The parchment paper leaves a matte finish so you won't see it—something to keep in mind if you're creating a layered surface and are actually using the Mistifyfuse on the top of whatever you're creating where it may be seen.

The basics:

To fuse your Mistifyfuse to the back of your fabric simply lay your fabric on your ironing surface wrong side up. You may wish to put a piece of parchment paper underneath it to make sure that any Mistifyfuse hanging over the edge doesn't get fused to your ironing surface.

Place a piece of Mistifyfuse on top of the wrong side of the fabric and cover it with a piece of parchment paper.

Iron with a hot iron. Give the surface a moment to cool and then peel back the parchment paper. If you haven't ironed enough, then you may pull back some of the Mistifyfuse. If this happens replace the parchment paper and iron again.

Once you have removed the parchment paper from the fabric you can then cut your shape out of the fabric and place it, Mistifyfuse side down, on another piece of fabric and fuse it in place by covering it with a piece of parchment paper and ironing with a hot iron.

Some good things to know:

Mistifyfuse needs a good amount of heat to fuse. You cannot overheat it so don't be afraid that

you'll iron it too much. It also responds very well to steam so if you find you're not getting enough heat transfer then give it a blast of steam to help it along.

The more you heat Mistyfuse the more translucent it becomes. It will still be on the surface but with enough heat you won't really see it there. This is especially true if you use parchment paper as your press cloth. If you use a Teflon pressing sheet then you'll notice that the surface has a shine to it.

Because Mistyfuse is so thin you can use more than one layer without having to worry about it gunking up your needle when you sew through it. So if you find that you need to use more than one layer to get a good enough bond, say if you're working with a highly textured surface, then that's perfectly okay to do. I've actually sewn through surfaces with 6 layers of Mistyfuse on it with no problems at all.

When fusing to Timtex or Pelmet Vilene:

When I fuse Mistyfuse to a piece of Timtex I lay it on and rough cut around the edges leaving a bit of the Mistyfuse hanging over the edge. Then I fuse it down and bring the iron not quite all the way to the edges leaving 1/2" to an 1" all the way around not fused. I peel back the parchment and just fold over the edges that are unfused. Because it's so thin you don't have to worry about the Mistyfuse adding bulk even when there are several layers of it.

Since it's still a little warm, the extra that I fold over sort of sticks down a bit and then I cover with parchment and finish the fusing. This makes it easier to get the Mistyfuse all the way to the edge without having cut it to exactly the right size.

Some additional notes:

Mistyfuse works terrific with paper and is a great alternative to using a liquid glue. Use it to fuse paper to paper and even fabric to paper.

Save all the small pieces of Mistyfuse that you may end up with, from cutting it for other projects. Keep them in a basket or jar and whenever you

need to baste some quilt layers together, sprinkle these small pieces around the batting. Then place your quilt top or backing on and press with your iron to fuse. No more thread basting or smelly spray adhesive.