

A free project, compliments of...



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Holiday Table Runner

by Vicki Welsh

This table runner was designed using the first three blocks from the Three Creative Studios Block of the Month. The finished size of each block is 12" so you could use any 12" block for this project. Instructions for constructing the blocks can be found in the Block of the Month library on this web page, <http://threecreativestudios.com/bom.htm>.

If you make your blocks from five fat quarters you will have enough fabric left to add frames to all three blocks. Or you can use a contrasting fabric for the frames.

For the other components you will need:

- ½ yard for the setting triangles
- ½ yard for the wide sashing and the binding
- 1 yard for the backing

All seam allowances are ¼".

Add a frame to each block. Cut two strips 1½" wide and 12½" long and two strips 1½" x 14½" for each block. Sew the two short strips to the top and bottom sides of the block and the longer strips to the sides. The finished width of the frame is 1".



Cut the fabrics for the setting triangles:

Two – 10¾" squares cut once on the diagonal, yielding four triangles

Four strips 3½" x 21"

Another option for the four triangles is to cut them from one 21" square. It will depend on whether the triangle fabric has a pattern that you want to highlight. You will also want to be careful of bias edges. Because of the way I wanted my fabric pattern to display, I cut mine from two 10¾" squares.



Finished Size: Approximately 60" x 20"

Matching the center of the long edge of the triangle to the center of the sashing strip (see chalk marks in the photo sample), sew the sashing strip to the triangle. Press the seam toward the triangle.



Be careful with bias edges and make sure the triangles are still square. Extend the edges of the triangle to cut the sashing to complete the shape of the setting triangle. In the sample above, you can see the white chalk lines that I drew. This was my cutting line.

Sew the setting triangles to the blocks. Sew one to the bottom right side of the left block, one to the top left side of the right block and two to the center block (top left and bottom right). It's very helpful to lay these out before you sew. Now you have three diagonal rows.



Complete the top by sewing the three rows together.



If you have one yard of fabric from the backing, cut it into two halves, lengthwise. Square up two ends and sew the two pieces back together into one long piece that is wider and longer than the table runner.

You can use whatever you want for batting, depending on the thickness and puffiness you want in your table runner. I wanted mine to be flat but also have a little weight so I selected flannel. I have successfully used old flannel sheets as batting in quilts. For this I cut open two pillowcases and sewed them together to create a piece big enough to use for the table runner batting.

Layer the backing, batting and top and pin baste it together.

Quilt as you want. If you are using flannel as the batting, it does not require dense quilting. I chose a simple stitch in the ditch around all of the major seam lines. I wanted the project to be fast and easy so stitching in the ditch was perfect. I used Superior Monopoly thread so the quilting stitches do not show.

Bind the table topper using the same fabric as the sashing fabric.

